

Patience



Think of situations where you have little patience? Ones that you try not to think about because it gets you annoyed.



Like Martha do you start with good intentions, but end up doing things in your own strength? What do you need to give to God today?



Is there pain/suffering that you are enduring at the moment? Hand it to God.



Please circle one of Jesus practices you would like to commit to that will increase your patience.

Praying

Seeking time alone with God

Knowing the bible

Focusing on God each day in a different way

Serving others

Putting other people first